

# Smell the roses

Take a stroll in the park, pick some flowers, slip them between the pages of an old book and, once they're completely dry, stick them to a vase. If you apply hairspray or gel to them, they'll last for much longer.





# Shades of grey?

*Work, routine, stress.... Don't waste time grumbling. Colour in your grey days and fill them with things that make you happy. I'm sure you'll come up with loads of ideas.*





*Smile!*

*Put on your best smile  
and do everything passionately:  
everything will turn out  
much better.*





# Let the child inside you out

*And give in to the desire to play and  
enjoy yourself. Stick some photos of  
moments you enjoyed as a child.*















## Materials and tricks of the trade

Almost anything can be used to create collages. From the promotional flyers that fill our letterboxes, to your bus ticket, the latest fashion magazine, an old book you haven't looked at in ten years but which has really gorgeous illustrations, black and white family photos that you found in Granny's biscuit tin.... It can all be turned into first-rate material - collage is a great way to recycle!

Having said all this, if you prefer to look for a specific material with a definite aesthetic, I advise you to turn to a preloved source, like a flea market, or a second-hand bookshop. Books and magazines from yesteryear are a visual treasure trove for our projects.

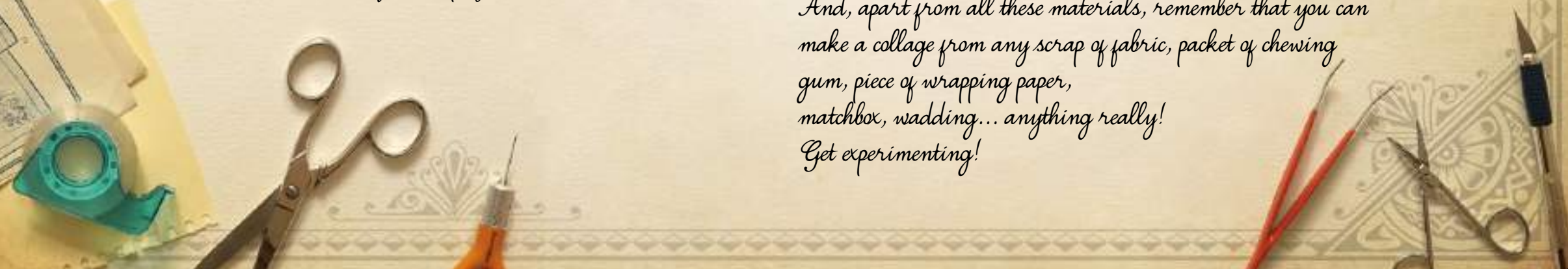
Old (or current) photographs can also result in an exquisite material, because they house memories and experiences; if it pains you too much to part with them, you can always photocopy them... that way you can leave the originals intact in the family album.

When it comes to tools that you're going to need, go about it in the same way; any clean, well-sharpened scissors you have around the house will work perfectly well for cutting out. And for gluing, anything you have to hand will be useful: glue, sticky tape, a stapler...

If you'd rather use more professional materials, I'd recommend that you head to an art supply shop, where you'll find cutters of all types (for cutting straight lines as well as curves), special scissors, tweezers, rollers for smoothing out joins, cutting plates and other products such as double-sided sticky tape and rubber glue which doesn't leave stains or wrinkles on your paper.

But, if you don't have a good pair of scissors at your disposal, don't worry, you have your own hands for ripping paper, crinkling it, separating it, etc.: sometimes, improvising brings us the most surprising results.

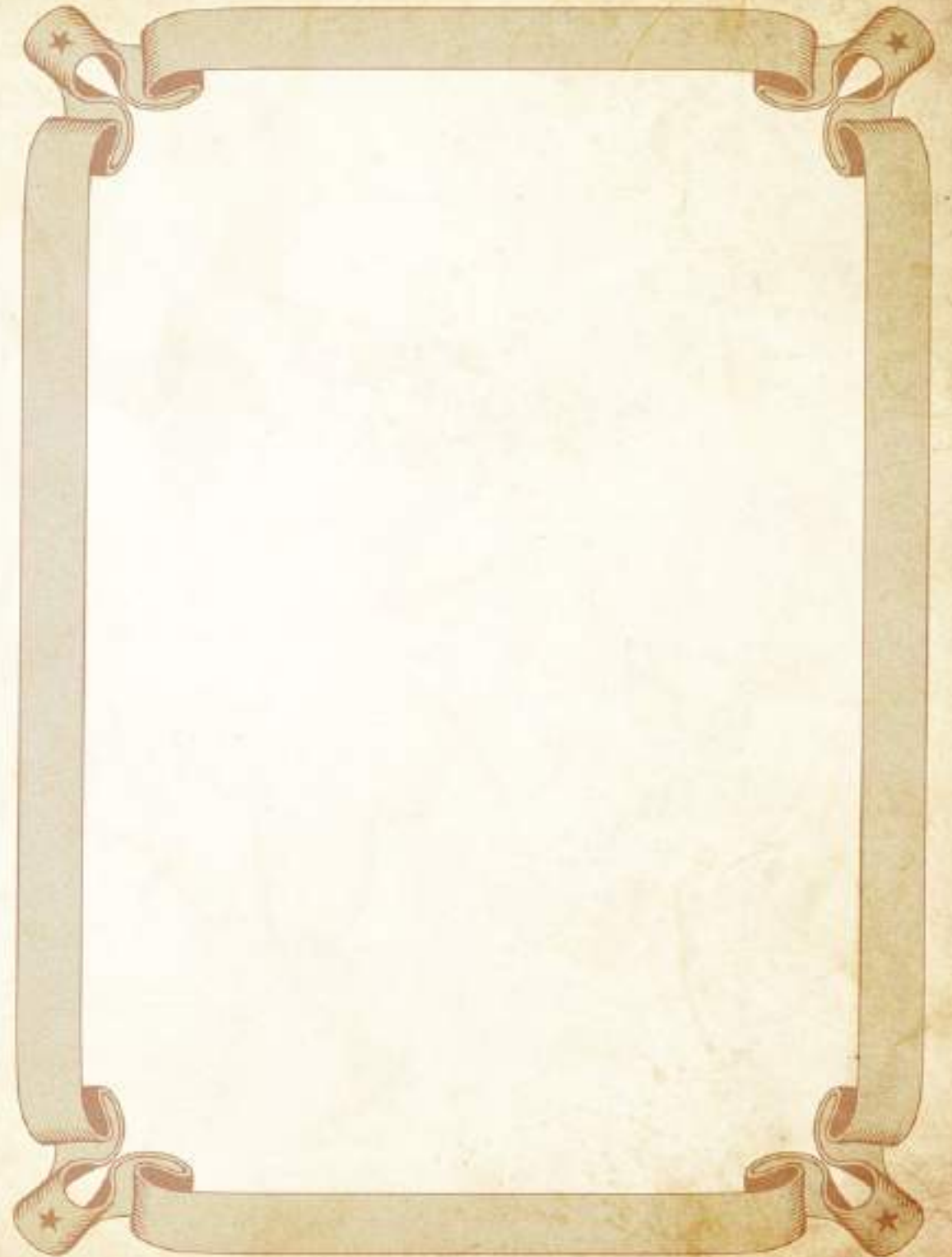
And, apart from all these materials, remember that you can make a collage from any scrap of fabric, packet of chewing gum, piece of wrapping paper, matchbox, wadding... anything really! Get experimenting!





# *Hello! How are you?*

*It's lovely to meet you!  
Within these pages we're going to  
share our work and creativity,  
so I think it's only right that  
we get to know each other. Create  
your self-portrait on the page  
to your right.*







Don't worry,  
be happy!

*Think positive! Keep these pages for a rainy day, and let the wilds of the storm inspire you. The difference between a good day and a bad day is the attitude with which you face it.*





*You won't believe it!*

*Make your own news, they're the most important headlines. Fill the screens with events that have recently shaped your life.*



**News!**

